

Fish/Fish En Papillote

A: 1# white fish (~4 fillets)

2t caper brine

B: 4 sprigs thyme

1/2t salt and pepper

C: 4 roma tomatoes

4t capers

1. Lay out parchment paper and oil lightly with olive oil sprayer. Place (A), then (B), then (C).

2. Seal paper, bake 400F 15-20 minutes.

Servings: 4

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