

Fish/Pecan Encrusted Fish

- A: 2 slices bread
1/2t salt
1/4t pepper
- B: 1/4C pecans, lightly toasted
- C: 3/4C milk
2T cornstarch
2t butter, melted
- D: 4 fish fillets
1. Process (A) until fine, chop (B) finely and add.
 2. Mix (C) in small bowl. Drag fillets (D) through milk and coat with crumb mixture.
 3. Place on oiled baking sheet and bake 400F for 15 minutes or until crispy.



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