

*From the kitchen of David and Jennifer Deaven*

\$id: island\_pork\_roast.v 1.5 2018/05/27 14:21:49 deaven Exp \$

Servings: 8

saucepan over low heat.

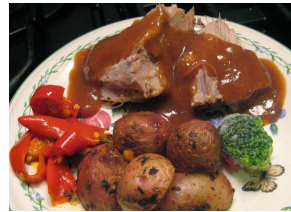
3. Make gravy with some of the juice and (E) in a small

## Meat/Island Pork Roast

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- A: 3 pound pork roast
- B: 5-6 whole cloves
- C: 2 onions, quartered  
3c garlic, sliced
- D: 1t allspice  
1t paprika  
1/4C ketchup  
1/2t kitchen bouquet  
2T orange juice concentrate  
2T honey  
1T soy sauce  
2t lemon juice
- E: 1T cornstarch  
1T water

1. Wash, roll, and tie (A), then place (B) into (A). Place into crockpot and add (C).
2. Combine (D), pour over the roast, and cook on low in crockpot for 10 hours.



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