

Meat/Turkey Burgers

A: 2/3C onion, chopped
1t canola oil

B: 1# ground turkey
1C bread crumbs
1/4C fresh peppers, finely chopped
2t worchestershire sauce
1/2t garlic powder
1/2t poultry seasoning
1/2t mustard
ground pepper to taste

1. Saute (A).
2. Mix (B) in bowl, add (A) and (B), mix and form into patties.
3. Wrap in plastic and refrigerate for 20 minutes or more.

Servings: 4

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From the kitchen of David and Jennifer Deaven