

From the kitchen of David and Jennifer Deaven

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Vegetarian/Spinach Torta

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- A: 1 onion
1c garlic
1T olive oil
- B: 1/4C milk
6 eggs
8oz cream cheese
- C: 10oz frozen spinach
1/2C oil
1t salt
pepper
3/4C Parmesan cheese
1C brown rice, cooked
1. Saute (A) until tender.
 2. Beat (B) until fluffy.
 3. Add (A), (B), (C) together in mixer bowl, stir.
Variation: add some diced fried ham or bacon.
 5. Spoon into greased 9x13" pan.
 6. Bake 350F for 60min until light brown.



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