

## Vegetarian/Squash Risotto

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- A: 2T butter 1 onion, chopped salt, pepper
- B: 1 squash (butternut), cubed
- 2T sage C: 1 1/2C rice
- D: 1/2C white wine E: 4C chicken stock
- F: 1/2C parmesan cheese
- 1. Saute (A) until translucent. Add (B) and saute 2 more minutes. Cover and reduce heat to low, simmer for 15 minutes or until squash softens.
- 2. Add (C) and cook, stirring frequently, for 3 minutes.
- 3. Add (D) and stir until absorbed.
- 4. Add (E) gradually, waiting until absorbed before adding more.
- 5. Remove from heat and stir in (F). Serve.

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